# **Evaluate and Update your Mind**

Memory verse:

Let this mind be in you, which was also in Christ Jesus: Philippians 2:5

God's Word speaks of the heart of a person, the mind, the inner man, etc. Christians are living souls who now have the hope of eternal glory. They have been given the mind of Christ, but the flesh itself has not yet been glorified and so the Christian's mind, as part of the flesh, constantly relays or receives thoughts and feelings.

The body and mind must be controlled by us, through the Word of God and by heeding His Spirit within us. We cannot spend one day, not even one hour, in which we do not guard what is being processed within our mind.

Let God's Word speak to you as you fill in the blanks below. Be ready and willing to evaluate and update as needed!

#### A. More Orders from Headquarters!





Mark 12:30 And thou shalt love the Lord thy God with all thy heart, and with all \_\_\_\_\_, and with all thy thy soul, and strength: this is the first commandment. God repeated this in Luke 10:27 but He added "and thy neighbour as thyself". Self-gratification, self-will, and selfexaltation causes a person to care little about others around us.

Proverbs 16:3 Commit , and thy thoughts shall be established. Philippians 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report (things known to man to be helpful and to produce only good); if there be any virtue, and if there \_\_\_\_\_. It seems that we are emersed in a social be any praise, quagmire of dishonesty, injustice, impurity, unloveliness, evil reports, lawlessness, refusing to accept God

and even cursing of Him! We must choose to be different!

different from the world in the way you think? Evaluate and update as Are you completely AST. needed!

# B. God knows what is in your inner man; he knows your thoughts and the disposition of your mind. He even knows what you plan to do!

Amos 4:13 For, lo, he that formeth the mountains, and createth the wind, and

, that maketh the morning darkness, and

treadeth upon the high places of the earth, The LORD, The God of hosts, [is] his name.

Luke 16:15 And he said unto them, Ye are they which justify yourselves before men; but God

\_\_\_\_\_: for that which is highly esteemed among men is abomination

in the sight of God. Genesis 6:5 says "And GOD saw that the wickedness of man that it was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. We are about the same today!

are allowing to come in through your eyes and ears, and how long you let it stay! Do you think that your Father in Heaven enjoys what you have been letting in? I Chronicles 28:9 And thou, Solomon my son, know thou the God of thy father, and serve him with a perfect heart and \_\_\_\_\_\_: for the LORD searcheth all \_\_\_\_\_\_ and understandeth all : if thou to every one of us. Those who seek Him shall find Him but those who reject Him, He will reject) Psalm 94:11 The LORD \_\_\_\_\_\_, that they are vanity. (This is speaking of the unregenerate man, but also of the Christian whose mind is not kept in carefulness.) The question now is, "How fit are your thoughts and intentions? Please evaluate and update the thoughts and intents of your heart and mind, as need!" C. If we choose not to behave as the godless, we must determine to care for our mind. We must check it regularly, nourish it properly and guard it constantly, and control it endlessly! 1. Check your mind regularly: Psalm 139:23-24 Search me, O God, and know my heart: try me, and

: In verse24b the Psalmist asks God if there is any wicked way in him. Then he says, "Lead me ." Ask

God to search your heart regularly and allow Him to be your guiding shepherd. Psalm 23:2b says :...He leadeth me beside the still waters..." Did you know that moving water goes up into a sheep's nose? It would not be able to drink the moving waters and the sheep could not be refreshed. Is something moving about your mind, troubling it? Commit your troubles to the Good shepherd. He will still things for you and allow you to be refreshed in your mind. Lamentations 3:40 Let us , and turn again to the LORD.

Heb 4:12 For the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow,

to change your thinking!	
2. Nourish your mind properly.	
Proverbs 23:12 Apply thine heart un	to, and
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1Timothy 4:13 & 15 Till I come,	, to reading, to exhortation, to
doctrine15	upon these things;;
that thy profiting may appear to all.	We are supposed to be examples to others. Read Matthew 5:16 and
John 13:15	
II Corinthians 10:5 Casting down im	aginations, and every high thing that exalteth itself against the
knowledge of God, and	
	; {imaginations: or, reasonings}



. Allow His Word

Hebrews 4:12 For the word of God is quick, and power	rful, and sharper than any twoedged sword,
piercing even to the dividing asunder of soul and spirit	, and of the joints and marrow, and is a discerner
of the	. God also knows what you

seek him, he will be found of thee; but if thou forsake him, he will cast thee off for ever. (He is ever near

3. Guard your mind constantly

1 John 2:16 For all that is in the world, the lust of the, and the lu	ust of the, and the
, is not of the Father, but is of the world.	
4. Control your mind endlessly	
Philippians 2:3 Let nothing be done through strife or vainglory; but in	
let each esteem other better than themselves.	
Proverbs 3:6 In	, and he shall direct
thy paths.	
I Peter 1:13 Wherefore	, be sober, and
hope to the end for the grace that is to be brought unto you at the revelation	on of Jesus Christ;
The Psalmist controlled his mind by meditating on the Word of God, His wo	rks and His statutes. Look at
these Psalms 1:2; 63:6; 77:12; 119:15, and 143:5.	
Is your mind anemic from lack of good and godly nourishment like	the Bible, and Christian
books such as missionary biographies? Does your evaluation reve	al the need for an update?
D. We Have the Mind of Christ; Does it Rule?	
1Corinthians 2:16 For who hath known the mind of the Lord, that he may ir	nstruct him? But we have
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1Corinthians 2:16 For who hath known the mind of the Lord, that he may in 	se attention to) the things o God: e forth from the heart; and being) es: These
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Once again, let the Good Shepherd lead you and allow trust in Him to stabilize your thinking. Evaluate and update!

# E. God knows that the mind is a battlefield

II Corinthians 10:3 For though we walk in the flesh, \_\_\_\_\_ For the \_\_\_\_\_\_: are not carnal, but \_\_\_\_\_\_

I Peter 4:1-2 Forasmuch then as Christ hath suffered for us in the flesh, \_\_\_\_\_\_

: for he that hath suffered in the flesh hath

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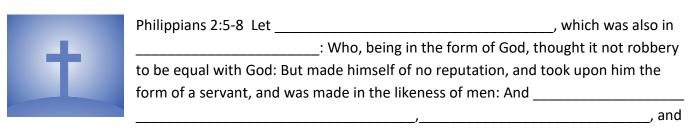
ceased from sin; That he no longer should live the rest of his time in the flesh to the lusts of men, but to the will of God.



Are you winning or losing the battles for right in your thoughts and desires? If the evaluation gets a bad grade, you need to update!

### God Asks This of You

Philippians 2:1-3 If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies, 2 Fulfil ye my joy, \_\_\_\_\_\_, having the same love, being of one accord, \_\_\_\_\_\_. 3 Let nothing be done through strife or vainglory; but \_\_\_\_\_\_.



became obedient unto death, even the death of the cross.

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I Thessalonians 5:14 Now we exhort you, brethren, warn them that are unruly,
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Romans 12:16 Be of the		Mind not
	_, but condescend to men of low estate. Be not	

I Peter 3:8 Finally,		(the humble mind of Jesus), having
	, love as	, be pitiful, be courteous:

Evaluate yourself as God's child. Have you consistently giving what He asks? Update to a new level of service and obedience.

#### G. Closer still to God

II Peter 3:1&2 This second epistle, beloved, I now write unto you; in both which	
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\_\_\_\_\_: 2 That \_\_\_\_\_\_:

, and of		of the
Lord and Saviour: (New Testamer	it writers)	
I Corinthians 13:11 Finally, brethr	en, farewell. Be perfect, be of good com	nfort,
, live	; and	

# In closing, please read these verses and initial when done:

II Timothy 1; Psalm 139:2; Matthew 6:34; Mt 10:19; 1Corinthians 13:11 Initial

# **Evaluate and Update your Mind**

Memory verse: Let this mind be in you, which was also in Christ Jesus: Philippians 2:5

God's Word speaks of the heart of a person, the mind, the inner man, etc. Christians are living souls who now have the hope of eternal glory. They have been given the mind of Christ, but the flesh itself has not yet been glorified and so the Christian's mind, as part of the flesh, constantly relays or receives thoughts and feelings.

The body and the mind must be controlled by us, through the Word of God, and by heeding His Spirit within us. <u>We cannot spend one day, not even one hour, in which we do not guard what is being processed within our mind.</u>

Let God's Word speak to you as you fill in the blanks below. Be ready and willing to evaluate and update as needed!

#### A. More Orders from Headquarters!





Mark 12:30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and <u>WITH ALL THY</u> <u>MIND</u>, and with all thy strength: this is the first commandment. God repeated this in Luke 10:27 but He added "and thy neighbour as thyself". Self-gratification, self-will, and self-

exaltation causes a person to care little about others around us.

Proverbs 16:3 Commit <u>THY</u> WORKS TO <u>THE</u> LORD , and thy thoughts shall be established. Philippians 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report (*things known to man to be helpful and to produce only good*) ; if there be any virtue, and if there be any praise, <u>THINK ON THESE THINGS</u> . *It seems that we are emersed in a social quagmire of dishonesty, injustice, impurity, unloveliness, evil reports, lawlessness, refusing to accept God and even cursing of Him! We must choose to be different!* 



# Are you completely different from the world in the way you think? Evaluate and update as needed!

# B. God knows what is in your inner man; he knows your thoughts and the disposition of your mind. He even knows what you plan to do!

Amos 4:13 For, lo, he that formeth the mountains, and createth the wind, and <u>DECLARETH</u> <u>UNTO MAN WHAT IS HIS THOUGHT</u> that maketh the morning darkness, and treadeth upon the high places of the earth, The LORD, The God of hosts, [is] his name. Luke 16:15 And he said unto them, Ye are they which justify yourselves before men; but God <u>KNOWETH YOUR HEART</u>: for that which is highly esteemed among men is abomination in the sight of God. Genesis 6:5 says "And GOD saw that the wickedness of man that it was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. We are about the same today! Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the THOUGHTS AND INTENTS OF THE HEART . God also knows what you are allowing to come in through your eyes and ears. He knows how long you let it stay! Do you think your Father in Heaven enjoys what you have been letting in? 1Chronicles 28:9 And thou, Solomon my son, know thou the God of thy father, and serve him with a perfect heart and WITH A WILLING MIND : for the LORD searcheth HEARTS and understandeth all THE IMAGINATIONS OF THE THOUGHTS : if thou seek him, he will be found of thee; but if thou forsake him, he will cast thee off for ever. (He is ever near to every born again person. Those who seek Him shall find Him but those who reject Him, He will reject!) Psalm 94:11 The LORD KNOWETH THE THOUGHTS OF MAN , that they are vanity. (This is speaking of the unsaved man, so why should the saved person be like them?) Ps 139:2 says, "Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.

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The question now is, "How fit are your thoughts and intentions?" Please evaluate and update the thoughts and intents of your heart and mind, as needed!

C. If you choose not to behave as the godless, <u>you</u> must determine to care for <u>your mind</u>. Check your mind regularly, nourish it properly, guard it constantly, and control it endlessly!

1. Check your mind regularly:

Psalm 139:23-24 Search me, O God, and know my heart: try me, andKNOWMYTHOUGHTS:In verse 24b the Psalmist asks God to see if there is any wicked wayin him. Then he says, Lead me" INTHEWAYEVERLASRING." AskGod to search your heart regularly and allow Him to be your guiding shepherd. Psalm 23:2b



says :...He leadeth me beside the still waters..." Did you know that moving water goes up into a sheep's nose? It would not be able to drink the moving waters and the sheep could not be refreshed. Is something moving about your mind, troubling it? Commit your troubles to the Good shepherd. He will still things for you and allow you to be refreshed in your mind.

Lamentations 3:40 Let us <u>SEARCH AND TRY OUR WAYS</u>, and turn again to the LORD. Heb 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, <u>AND IS THE</u> DISCERNER OF THE THOUGHTS AND INTENTS OF THE HEART. *Allow His Word* 

to change your thinking!

2. Nourish your mind properly.

Proverbs 23:12 Apply thine heart unto <u>INSTRUCTION</u>, and <u>THINE EARS TO THE</u> WORDS OF KNOWLEDGE.

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 II Corinthians 10:5 Casting down imaginations or reasonings), and every high thing that exalteth itself against the knowledge of God, and
 BRINGING
 INTO
 CAPTIVITY
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 THOUGHT
 ;

3. Guard your mind constantly

Proverbs 19:27 Cease, my son, to hear the instruction that <u>TO ERR FROM</u> THE WORDS OF KNOWLEDGE

1 John 2:16 For all that is in the world, the lust of the <u>EYES</u>, and the lust of the <u>FLESH</u>, and the , is not of the Father, but is of the world. PRIDE OF LIFE

4. Control your mind endlessly

Philippians 2:3 Let nothing be done through strife or vainglory; but in LOWLINESS OF MIND let each esteem other better than themselves

ALL THY WAYS ACKNOWLEDGE Proverbs 3:6 In , and he shall direct thy paths. HIM I Peter 1:13 Wherefore GIRD UP THE LOINS OF YOUR be sober, and MIND hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ; The Psalmist controlled his mind by meditating on the Word of God, His works and His statutes. Look at

these Psalms 1:2; 63:6; 77:12; 119:15, and 143:5.



Is your mind anemic from lack of good and godly nourishment like the Bible, and Christian books such as missionary biographies? Does your evaluation reveal the need for an update?

# D. We Have the Mind of Christ; Does it Rule?

1Corinthians 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have THE MIND OF CHRIST

Romans 8:5-7 For they that are after the flesh do mind (think upon, pay close attention	n to) the things of
the flesh; but they that are after the Spirit the things of the Spirit. 6 For <u>TO BE C</u>	<u>ARNALLY</u>
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LIFE AND PEACE 7 Because the carnal mind is ENMITY AGAINST	God: for it is
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(his mind and being) proceed murders, adulteries, fornications, thefts, false	Ills eye is on the Sbarrow
witness, blasphemies: These are the things WHICH DEFILE THE	and I
MAN	Know
James 1:8 A double minded man is <u>UNSTABLE IN ALL HIS WAYS.</u>	mel
Isaiah 26:3 Thou wilt keep him in perfect peace, WHOSE MIND IS STAYED	TSAUSP
ON THEE : because he trusteth in thee.	a Performant a Statis





Does Christ's mind rule within you? Psalm 33:18 says "Behold, the eye of the LORD is upon them that fear him, upon them that hope in his mercy;" Once again, let the Good Shepherd lead you and allow trust in Him to stabilize your thinking. Evaluate and update!

# E. God knows that the mind is a battlefield

II Corinthians 10:3 For though we walk in the flesh, WE DO NOT WAR AFTER THE FLESH For the WEAPONS OF OUR WARFARE are not carnal, but MIGHTY THROUGH DOWN OF GOD то THE PULLLING STRONGHOLDS. I Peter 4:1-2 Forasmuch then as Christ hath suffered for us in the flesh, ARM YOURSELVES LIKEWISE WITH THE SAME MIND : for he that hath suffered in the flesh hath

ceased from sin; That he no longer should live the rest of his time in the flesh to the lusts of men, but to the will of God.



Are you winning or losing the battles for right in your thoughts and desires? If the evaluation gets a bad grade, you need to update!

### F. God Asks This of You

Philippians 2:1-3 If there be therefore any consolation in Christ, if any comfort of love, if any fellowshipof the Spirit, if any bowels and mercies, 2 Fulfil ye my joy,THAT YE BE LIKEMINDED ,having the same love, being of one accord,AND ONE MIND , 3 Let nothing be donethrough strife or vainglory; but IN LOWLINESS OF MIND LET EACH ESTEEM

OTHER BETTER THAN THEMSELVES



Philippians 2:5-8 Let <u>THIS MIND BE IN YOU</u>, which was also in <u>CHRIST JESUS</u> Who, being in the form of God, thought it not robbery to be equal with God: But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And <u>BEING FOUND IN</u> FASHION AS A MAN , HE HUMBLED HIMSELF , and

became obedient unto death, even the death of the cross.

I Thessalonians 5:14 Now we exhort you, brethren, warn them that are unruly,COMFORTTHEFEEBLEMINDED, support the weak, be patient toward all men.

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I Peter 3:8 Finally,BEYEALLOFONEMIND. (The humble mind of Jesus), havingCOMPASSIONONEOFANOTHER, love asBRETHREN, be pitiful, be courteous:

Evaluate yourself as God's child. Have you consistently given what He asks? Update to a new level of service and obedience.

# G. Closer still to God

II Peter 3:1&2 T	his second epistle,	beloved, I now	write unto you; in bo	th which	<u>I STIR UP</u>
YOUR PURE	MINDS BY	WAY OF	REMEMBRAN	CE	: 2 That <u>YE BE</u>
MINDFUL OF	THE WORDS	THAT ARE	SPOKEN BEF	ORE OF	THE HOLY
PROPHETS	, and of <u></u>	IE COMMAND	MENTS OF US	THE AF	<u>POSTLES</u> of the
Lord and Saviou	r: (New Testament	writers)			
I Corinthians 13:	11 Finally, brethrei	n, farewell. Be p	erfect, be of good co	omfort, <u>BE</u>	OF ONE
<u>MIND</u> , live	IN PEACE	; and <u>THE</u>	GOD OF LOVE	AND PE	ACE SHALL BE
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#### In closing, please read these verses and initial when done:

II Timothy 1; Psalm 139:2; Matthew 6:34; Mt 10:19; I Corinthians 13:11 Initial